

# FOWEY ROYAL REGATTA

Email: [help@foweyregatta.co.uk](mailto:help@foweyregatta.co.uk) Website: <https://foweyregatta.co.uk/>

Facebook: **Fowey Royal Regatta - 13th to 19th August 2023**

## Open Water Swim

Cap Number issued : .....

**Tuesday 15th August 2023 Briefing – 6:15 p.m. Start, Female – 6:45 p.m. Start, Male – 7:00 p.m. Note event is subject to weather and river conditions.**

Full Name (Capitals) .....

Address : ..... Post Code .....

Tel No ..... DoB ..... Age .....

## **Competition Conditions:**

**Female / Male**

1. All swimmers enter at their own risk.
2. The course is approx. 500 metres. Entry is on a first come, first served basis.
3. Swimmers **under 13** may not enter.
4. Entry forms **must** be signed, including the medical statement, and returned to the Regatta shop by **4:00 p.m. Tuesday.**
5. Entries are limited to **20 entrants** in each race.
6. Trophies for first Male and first Female, plus youngest finishers.
7. Swimmers under 16 must have their form **countersigned** by a parent or guardian.
8. Failure to abide by these rules and instructions given will result in disqualification.
9. An entry donation of £5.00 is payable on entry
10. Briefing starts at **6.15 p.m.** All swimmers must **register and attend the briefing.**
11. Competitors will be allocated numbered caps to assist identification. **These must be worn at all times for safety.**
12. Wetsuits may be worn. Swimmers may grease providing that it is not excessive.

## **Please read carefully before signing:**

I have read and I accept the conditions listed above. I am aware of the need to seek appropriate medical advice if I have any concern about my health. I have not been informed by any medical practitioner and do not have any knowledge of any medical condition which would make it inadvisable for me to participate in such events. Accordingly, I certify that I am physically fit and well to compete in such events. I understand that the Fowey Royal Regatta Committee cannot be held responsible for any loss of or damage to personal belongings and that I must take all reasonable steps against such loss.

**Signature of competitor** ..... **Date:** .....

I \_\_\_\_\_ (print parent/guardian's name) give my permission for  
\_\_\_\_\_ (swimmer's name) to enter the above open water swim

**Signature of parent/guardian:** ..... **Date:** .....